

Action Plan for Positive COVID-19 Test

IF SOMEONE ASSOCIATED WITH A THERAPY FACILITY TESTS POSITIVE FOR A CURRENT COVID-19 INFECTION:

If the currently infected person is a client, patient, customer, or guest:

- The therapy facility complies with contact tracing efforts, working with the Department of Health, and other entities as needed.
- The practitioner(s) who worked with the client gets tested for the virus (if possible), and must go into self-quarantine for 14 days following close contact with that client. This might be shortened if accurate testing determines that they are not infected.
- All other clients of that practitioner who have had close contact with them in the meantime must be notified that they may have been exposed. (Public health statements recommend that they also go into self-quarantine for 14 days after their exposure, but that is not within the purview of the therapy facility.)

If the currently infected person is a practitioner or student working in a public clinic:

- The therapy facility complies with contact tracing efforts, working with the Department of Health and other entities as needed.
- All of the practitioner's clients from the two weeks leading up to the positive test must be informed that they may have been exposed. (Public health statements recommend that they then go into self-quarantine for 14 days after their exposure.)
- The workspace and all the tools that the practitioner used must be thoroughly disinfected and left unused for a minimum of three days, if possible.
- The practitioner must go into self-quarantine until they test negative and all symptoms have resolved.
- Any other personnel at the facility who had close contact with the practitioner must go into self-quarantine for 14 days after their exposure. This might be shortened if accurate testing determines that they are not infected.

If the currently infected person is a therapy student:

- The school complies with contact tracing efforts, working with the Department of Health and other entities as needed.
- The student must go into self-quarantine until they test negative and all symptoms have resolved.
- All of the students and staff with whom the infected person had close contact within the previous two weeks must be informed that they may have been exposed. They must go into self-quarantine for two weeks after their last exposure. This might be shortened if accurate testing determines that they are not infected.
- The workspace and all the tools that the practitioner used must be thoroughly disinfected and left unused for a minimum of three days, if possible.

If the currently infected person is a staff member (front desk, teacher, school administrator, etc.)

- The facility complies with contact tracing efforts, working with the Department of Health and other entities as needed.
- The infected person must go into self-quarantine until they test negative and all symptoms have resolved.
- All people who work at the facility who had close contact with the infected person within the previous two weeks must be notified that they may have been exposed, and they must self-quarantine for 14 days after their last exposure. This might be shortened if accurate testing determines that they are not infected.

Close Contact:

CDC has defined Close Contact as:

- a) Being within 6 feet of a person who has the virus for 30 minutes or more
<https://www.cdc.gov/mmwr/volumes/69/wr/mm6911e1.htm>
- b) Having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on)
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-criteria.html>